



Mifflinburg Bank & Trust Newsletter

2nd Quarter, 2020

Congratulations to Rachel Kelsey on her promotion to full-time Teller/CSR!



Rachel works in the Selinsgrove branch where she's learning a lot and loves the work she does. She's currently finishing her bachelor's degree in psychology through Liberty University's online program, with an expected graduation date of September 2020. Rachel loves spending time

watching movies with her husband of almost 6 years, watching and playing with her cats and having her nieces over for slumber parties. If anyone is ever in need of an adorable cat picture to help cheer them up, Rachel is the person to call!

"I really am thankful for this position and look forward to growing in this company." - Rachel Kelsey

Congratulations and best wishes for a happy retirement!



Martha Hockenberry
12 years of service



Casual Bankers' donations

January

Team CJ: Autism Awareness
Torey Goff presented to Janel Weaver

February

Junior Achievement

March

PAB-Pak & The Scratching Post

Upcoming donations

April - Clarity Prep, Inc.

May - Ashburn's Animals

June - PA Cystic Fibrosis

Welcome to the Team!

Brittany Shaffer – Operations Representative

So Much Time, So Little To Do

Things to do while quarantined (in between Netflix binges of course)

1. As a bank, we're always thinking financials. Now's a great time to **spring clean your personal finances!** Review your monthly budget and make any needed changes to accommodate your ever-changing priorities. If you don't currently have a monthly budget, what a perfect time to start one! Other areas to review and update include your retirement contributions, tax withholdings, and health and life insurance policies.
2. With your kiddos home from school, you can take advantage of this extra time with them to help teach them some personal finance skills. The Consumer Financial Protection Bureau has some free activities to help **build your kids' money skills** for ages 3-18. Find the link to the article on our Facebook page or use this URL: <https://bit.ly/2ye7wCe>.

Now that you've got your finances taken care of, let's move on to the fun stuff!
3. With the spring season upon us, you could get outdoors and **try starting your own vegetable garden.** There's nothing like growing your own food from scratch. Try starting small and only plant around 5 different vegetables. Make sure to research the types of environments each vegetable grows best in!
4. Another outdoor activity to get you some fresh air and exercise is **hiking.** While a few parks have closed, many are still open with the exception of closing their buildings and facilities. Make sure you adhere to the social distancing guidelines and avoid crowded areas. A healthy dose of fresh air and vitamin D could be just what the family needs!
5. **Write thank-you notes to service workers** who continue to put themselves at risk to ensure we still have our essentials during this time. Stick a note in your mail box for your mail carrier or tape one on your door for your delivery person. Small gestures can mean a lot and help us come together as a community during times of crisis.
6. **Organize your kitchen.** That odd-sized baking dish that you never use, but save "just-in-case", yep time to get rid of it. All those extra serving spoons and spatulas (admit it, you have a favorite of each you always grab and never touch the others), it's time to get rid of those too. Dust off and get rid of all those extra mismatched cups you've collected over the years. Dare to face the "junk drawer" and tackle organizing whatever might be lurking in there.
7. Once you've finished in the kitchen, **move to that closet of yours.** A good spring cleaning does wonders for your peace of mind.
8. **Make an indoor fort with your kids** using couch cushions, pillows and blankets. Have a popcorn and movie night while huddled inside your fort.
9. Scroll through your camera roll and **order prints of all your favorite photos** from the past few years. Delete any photos you don't want and organize all the rest into digital albums. Make a photo book or scrapbook with your prints.
10. **Shop online and order take out from your favorite local stores and restaurants.** Many local small businesses are taking a hit with this quarantine. If you are able, this is a great way to help them stay in business!

5 easy steps to stay safe from COVID-19



1

WASH YOUR HANDS

frequently with soap and water, or use a hand sanitizer that contains at least 60% alcohol.

2

KEEP DISTANCE

of at least 6 feet between yourself and others, and avoid crowded places.

3

AVOID TOUCHING

your mouth, nose and face with your hands, as well as any potentially contaminated surface like hand rails, etc.

4

WHEN SNEEZING OR COUGHING

cover your mouth and nose with a disposable tissue, or use the inside of your elbow (not your hands!)

5

IF YOU HAVE SYMPTOMS

such as cough, fever or breathing problems, don't panic! Stay at home and call your doctor.